

IMPORTANT

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The Elixir of Life.

Research has recently revealed that levels of serum albumin are an extremely accurate indicator of overall health status, and that low albumin levels exist at the onset and progression of virtually every non-hereditary degenerative disease process, including cancers and cardiovascular heart disease; the USA's two biggest killers.

In fact, albumin levels are so accurate as a prognostic tool that some hospitals now favor this screening method over the existing 'APACHE II' morbidity and mortality scoring system.

What is Albumin?

Albumin is the most abundant protein found in the bloodstream. Constantly being produced by a healthy liver, albumin performs numerous functions that are vital to our health. These are just some of the roles that have been identified so far:

It's the most powerful natural antioxidant yet discovered, contributing an estimated 80% of the free-radical quenching activity in the bloodstream and connective tissue.

Albumin controls the delicate balance of water between the three 'compartments' of the body; the blood, connective tissue and the cells. In the process of 'aging' it is the connective tissue that 'dries' out.

www.natures-balance.com

The Newsletter of Alternative Protocols

Serum Albumin: The key to life-long health?

It's essential for transporting magnesium, copper, zinc, bilirubin, uric acid, sex hormones, vitamins, thyroid hormones and fatty acids (Albumin is actually a very high density lipoprotein - its ability to bind and transport fatty acids indicates that an optimal albumin level would help to protect against heart disease).

Albumin detoxifies the fluid surrounding cells in the connective tissue by binding to the circulating waste products of cell metabolism and catabolism, and to other foreign matter such as heavy-metals, chemical toxins and dangerous drug residues, before transporting them to the liver for subsequent breakdown and removal.

High albumin levels have been shown to profoundly extend the lifespan of cells in vitro and to prevent the mutation of cancer lines.

Optimal albumin levels indicate sound kidney and liver function and an unstressed immune system.

Low albumin levels are proving to be an extremely accurate predictor of morbidity and mortality.

importance of maintaining optimal serum albumin levels is clearly indicated by the summaries on the following page which have been abstracted from research papers published in recent issues of peer-reviewed scientific and medical journals:

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